

CONTENTS

Acknowledgments • xl

1 ABOUT THIS PROGRAM 1

- Underlying Principles • 5
- Questions and Answers • 6

2 ATTENDING SKILLS 9

- Hierarchy of Attending Lessons • 10
- Lesson 1: Initiating eye contact when the clinician provides a listening cue phrase • 12
- Lesson 2: Identifying and inhibiting external distractions • 16
- Lesson 3: Recognizing and inhibiting internal distractions • 21
- Lesson 4: Initiating eye contact when the clinician provides a listening cue phrase • 26
- Lesson 5: Inhibiting distractions to the hands when prompted to attend to listening cue phrase • 30
- Lesson 6: Maintaining eye contact and full body control during a passive listening task • 33
- Lesson 7: Identifying verbal cues that signal important auditory information • 38
- Lesson 8: Maintaining eye contact and full body control during a conversation • 43
- Lesson 9: Keeping visual focus on an appropriate resting spot while listening • 45
- Lesson 10: Shifting visual focus during a lesson • 47
- Lesson 11: Waiting for a verbal direction to be completed before beginning the task • 51
- Lesson 12: Initiating clarification of unfamiliar words in a verbal direction • 55
- Lesson 13: Initiating clarification when the speaker's words cannot be heard adequately • 58
- Lesson 14: Explaining or identifying metacognitive terms related to attending • 61

3 SUBVOCALIZING SKILLS 67

- Hierarchy of Subvocalizing Lessons • 68
- Lesson 15: Recalling a picture name • 70
- Lesson 16: Recalling a word with no initial picture prompt • 72
- Lesson 17: Recalling a target word with fine or gross motor distractions • 73
- Lesson 18: Recalling a two- to four-word phrase • 76
- Lesson 19: Subvocalizing a series of words and performing a categorization task, at varying presentation rates • 78
- Lesson 20: Subvocalizing a series of words and performing a rhyming exclusion task, at varying presentation rates • 84
- Lesson 21: Subvocalizing a sentence and performing an auditory closure task, at varying presentation rates • 87
- Lesson 22: Using auditory skimming to retrieve information presented at a slow rate • 90
- Lesson 23: Using auditory skimming to retrieve information presented at a normal rate • 97
- Lesson 24: Using auditory skimming to retrieve information presented at a rapid conversational rate • 102

4 CHUNKING SKILLS 107

- Hierarchy of Chunking Lessons • 108
- Lesson 25: Recalling a series of four to six numbers • 109
- Lesson 26: Recalling a series of four to six unrelated words • 114
- Lesson 27: Copying and writing nonsense words • 118
- Lesson 28: Copying and writing phrases and sentences • 121
- Lesson 29: Following a complex or multistep direction • 126
- Lesson 30: Associating names and related details from a short story • 132

5 VISUALIZING SHORTHAND SKILLS 137

- Hierarchy of Visualizing Shorthand Lessons • 141
- Lesson 31: Visualizing simple nouns and adjectives • 142
- Lesson 32: Visualizing verbs and verb phrases • 154
- Lesson 33: Visualizing prepositions, negation, plurals, and other parts of speech • 161
- Lesson 34: Using gestures to help visualize words • 168
- Lesson 35: Visualizing a series of words • 170
- Lesson 36: Analyzing a picture to see if it matches a written sentence • 178

Lesson 37: Visualizing and drawing a picture to show a written sentence	• 184
Lesson 38: Visualizing and drawing a picture to show a sentence, presented orally at a very slow rate	• 188
Lesson 39: Visualizing and drawing a picture to show a sentence, presented orally at a slow-normal rate	• 190
Lesson 40: Visualizing and drawing a picture to show a sentence, presented orally at a normal rate	• 192
Lesson 41: Using visualization to answer recall and inferential questions about a sentence	• 195
Lesson 42: Using visualization to answer recall and inferential questions about a sentence, with background noise	• 199
Lesson 43: Visualizing and performing directions	• 202
Lesson 44: Visualizing a short story	• 212
Appendix A: Metacognitive Strategies for Improving Reading Comprehension	• 237
Appendix B: Resources	• 243
References	• 249
About the Author	• 251